Eating Disorders *by* THE NUMBERS

50-80%
Percentage of risk factors for anorexia and bulimia that are genetic and heritable

ONE PER HOUR
Nearly one person dies from an eating disorder every 60 minutes

MORE THAN **30 MILLION PEOPLE** in the U.S. will suffer from an eating disorder
LASTING RECOVERY IS POSSIBLE AND WORTH IT

#1 Killer
Eating disorders have the highest mortality rate of any mental illness

GAY MEN were 7X more likely to report binging and 12X more likely to report purging than straight men

Sufferers aren't **ALWAYS** UNDERWEIGHT

OVER 70% will not seek treatment due to stigma, misperceptions, lack of education, diagnosis and access to care

18 TO 25
The majority of eating disorders begin between 18 and 25

About **35%** of binge eating disorder patients and 30% of bulimia patients are medically obese

13% of women over the age of 50 have eating disorder symptoms

119% RATE OF INCREASE
Children under 12 admitted to the hospital for eating disorders rose 119% in less than a decade

EATING DISORDERS DON'T JUST IMPACT WOMEN
10 MILLION
Number of men in the U.S. who will face an eating disorder in their lifetime

OUR TEENS ARE SUFFERING:
Anorexia is the third most chronic illness among adolescents, after asthma and obesity

There is hope for recovery.

Eating Recovery Center – the only national health care system dedicated to the treatment of serious eating and related disorders at any stage of the illness – is committed to providing innovative approaches to improve patient outcomes and facilitate lasting recoveries.

To learn more or to check out our sources from this Infographic, visit **www.eatingrecovery.com**.

EATING Recovery CENTER

UP TO **80%** of patients who receive and complete treatment will recover or improve significantly
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